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THANKS FROM THE *HEART(LINE)*

Thanks to all the participants in the May and August *HEARTLINE* programs for being willing to stretch and move into uncharted territory. Your desire to look deeper into the Self and trust the process in a more intimate way paves the way for those who follow you. This program is not for everyone. However, for those who choose to delve deeper into a more authentic expression of themselves, it provides a gentle offering to uncover parts of self ready to come forward, ready to be seen, ready to move into the frequency of love.

Thanks to all for the trust and allowance in the revisions of the program. And special thanks to Mark for his patience and depth of understanding in creating the background sounds, signals, and music for the new *HEARTLINE* tapes.

Penny Holmes
HEARTLINE Trainer

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